Cold Soba with Sichuan Pepper

Ingredients

8oz soba noodles
2 Tbs reduced sodium soy sauce or tamari
3 Tbs black vinegar
1 Tbs chili oil
1 Tbs olive oil
1 Tbs crushed Sichuan peppercorns
1 tsp maple syrup
3 cloves garlic, minced
4 green onions, thinly sliced
1/2 cucumber, julienned
8 oz ground pork



A fusion of traditionally Japanese soba and traditionally Sichuan Dan Dan noodles, this cold noodle dish has pleasant sweet, spicy, and mouth-numbing qualities. For perfectly cooked noodles, follow directions exactly!

Instructions:

- 1. Place dry noodles in briskly boiling water for 2 1/2 minutes.
- 2. Immediately drain and submerge in bowl of cold water, drain again in strainer while preparing the sauce.
- 3. In a medium sized mixing bowl, combine soy sauce, vinegar, oils, peppercorns, maple syrup and garlic, stir to combine.
- 4. Cook ground pork on stovetop until well done, strain any fat, mix meat into sauce.
- 5. Toss noodles, cucumbers, and green onions with sauce mixture.



This recipe is excellent served immediately at room temperature or cold after being refrigerated overnight.