



December 1, 2022

Dear Patient,

We are writing to inform you of changes at Island Sleep Wellness Center. Effective December 30, 2022, the Island Sleep Wellness Center will be closing.

As a healthcare entity, we do not take these changes lightly as we realize the importance of this care for our patients. This decision was based on financial performance as well as capital and space needs to best serve our community.

It is very important to us that you maintain continuity in your healthcare. Please consider transferring your sleep care to one of the following sleep clinics:

Everett Clinic Pulmonary and Sleep Medicine ( <i>accepts pediatrics</i> )	425.339.4204
NorthStar Sleep Medicine – Bellingham	360.676.1696
Peace Health Pulmonary and Sleep Clinic – Bellingham	360.788.6112
Providence Sleep Health – Mill Creek	425.258.7460
Seattle Children’s Sleep Medicine – Bellevue	206.987.5072
Skagit Regional Center for Sleep Disorders	360.428.2550
South Sleep Health (telehealth)	425.636.2400
WhidbeyHealth Sleep Care ( <i>limited capacity</i> )	360.240.4080

If you are a new patient with an appointment scheduled with us, please call one of the sleep centers listed above to establish care. For equipment support and supplies, please contact your durable medical equipment (DME) provider directly.

Your medical records are confidential and will remain on file with Island Health. To request a copy of your medical record, please complete the required authorization form found on our website at [www.islandhealth.org/medical-records](http://www.islandhealth.org/medical-records) or call 360.299.1326.

Thank you for entrusting us with your sleep care over the years. We are here to help transition your care to the most appropriate provider.

Sincerely,

Marcy Shimada  
Practice Administrator