

Arugula Linguini

Serves 2-4

½ lb whole wheat linguini
4 cups fresh arugula
1-2 Tbsp virgin olive oil
Juice of ½ lemon
Lemon zest – 1 lemon
¼ cup pine nuts, toasted
Salt & fresh ground pepper to taste
Optional: Surimi (imitation crab legs)
Fresh grated parmesan cheese

Note: It's important to use a good quality olive oil for this recipe.

Cook pasta according to package directions. Toss arugula with hot pasta. Add Olive oil, lemon juice, zest and seasonings. Top with pine nuts. Serve with fresh grated parmesan cheese. Add surimi for a complete meal.

