

Asparagus with Curry Dip

Trim fresh asparagus. Blanch the asparagus: Bring small amount of water to boil in skillet and add asparagus so water just covers all spears. Boil for 60 seconds. Remove asparagus from the pan and place in a bowl of ice water to stop the cooking.

Dip: Mix small amount of curry powder in mayonnaise.

For appetizer, dip spears in the dip; for veggie side, top spears w/a little curry dip.

