



Phone: 360-299-4242 Fax: 360-299-4278

DIABETES EDUCATION PROGRAM REFERRAL FORM

A Program Accredited by the American Association of Diabetes Educators

Patient Information:

			Male ___ Female ___	
Patient's Last Name	First Name	Middle Initial	Date of Birth	Gender
Address (including City, State, Zip Code)			Preferred Patient Phone Number	
Insurance Information				

DIABETES SELF-MANAGEMENT EDUCATION (DSME): Education will be provided utilizing individual and group sessions unless patient has special needs identified by the referring provider (see box below).

Education provided will be based on needs identified during the patient assessment. The following content areas will be addressed as identified (*the AADE 7 self-care behaviors and diabetes in pregnancy*):

- 1. Healthy Eating 2. Being Active 3. Monitoring 4. Taking Medication 5. Problem Solving
- 6. Healthy Coping 7. Reducing Risks 8. Diabetes Management during Pregnancy (if applicable)

Patients with special needs requiring individual education sessions: Check all special needs that apply:

- Vision Hearing Physical Cognitive Impairment Language Limitations Other _____

Medicare Restrictions: 10 hours allowed for INITIAL 12 month period, plus 2 hours follow-up education annually.

Please fax most recent: Lab results, chart note and med list (A1C, Lipid Panel and microalbumin-to-creatinine ratio)

Labs: **A1c:** _____ **Lipids: Cholesterol:** _____ **LDL:** _____ **HDL:** _____ **Trigl:** _____ **Microalbumin-to-creatinine ratio:** _____

Physician Sections Below

Diabetes w/o complications ___ Type 1(E10.9) ___ Type 2(E11.9) **Diabetes w/ complications** ___ Type 1(specify code) _____
___ Type 2(specify code) _____ Gestational Diabetes(024.419) ___ Other _____

- Complications/Co-Morbidities:** Check all that apply: Hypertension Neuropathy Renal disease
- Non-healing wound Mental/affective disorder Dyslipidemia Retinopathy Stroke PVD
- Heart Disease Obesity

PCP Signature _____ Date _____

PCP statement: I certify that I am managing this patient's diabetes care and that the training specified above is needed to ensure therapy compliance or to provide the patient with skills and knowledge to help manage the patient's diabetes.