



ISLAND UROLOGY
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1015 25th Street, Upper Level
Anacortes, WA 98221
(360) 299-4980

Dear _____,

It is our pleasure to welcome you to our practice. We are sending you some information prior to your appointment in order for your first visit to be as efficient as possible. Please fill out the patient data sheet and health history form and bring them with you. We will also need a urine specimen at the time of your visit, so please do not empty your bladder before your appointment!

Your appointment is scheduled for _____ at _____.

Please check in at _____.

Please be sure to have your insurance information with you for this appointment. If your insurance requires a co-pay, we ask that you pay it at the time of service. If a referral authorization is required, please make sure you contact your primary care provider prior to your scheduled visit. All self-pay patients will be required to pay for the visit in full at the time of service

If you have any questions, please call our office at (360) 299-4980.

Sincerely,
Island Urology

Title:	Welcome Letter - Island Urology	Version Effective Date:	06/09/2021
Document Owner:	Island Urology	Page	1 of 1
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ISLAND UROLOGY – ADULT HEALTH HISTORY FORM

Island Urology
1015 25th Street, Upper Level
Anacortes, WA 98221
(360) 299-4980

Patient Name: Phone:

Age: Date of Birth: Height: ft in Weight: lbs

Referring Provider: Phone:

Primary Care Provider: Phone:

Sex: M F Race: White Black Asian Hispanic/Latino Other

Reason for Visit Today:

Pharmacy Name: City: Phone:

Drug Allergies:

Other Allergies:

CURRENT MEDICATIONS: Please list any prescription medications, over-the-counter medications and vitamin supplements you take routinely.

Table with 3 columns: Name of Drug or Supplement, Strength (mg), How often (# of times per day)

MEDICAL HISTORY: Please check any of the following conditions which YOU have had or presently have:

- Medical history checklist including Anemia, COPD, High Blood Pressure, Parkinson's disease, etc.

FEMALES ONLY: Date of last menstrual period: Date of last PAP smear:

SURGICAL HISTORY: Please check any of the following procedures you have had performed and the date of the procedure:

Surgical history table with columns for procedure, date (Yr), and gender-specific categories (FEMALES Only, MALES Only).

CHRONIC PROBLEMS LIST: Please list any chronic health problems you have.

ISLAND UROLOGY – ADULT HEALTH HISTORY FORM

Problem	Date of onset	Treatment

FAMILY HISTORY: Please check any of the following conditions that apply to your family members and list their relation to you.

Diagnosis	Yes	No	Relationship	Diagnosis	Yes	No	Relationship
Blood Disease				High Cholesterol			
BPH				High Blood Pressure			
Cancer				Inflammatory Bowel Disease			
Type:				Migraines			
CVA / Stroke				Renal Failure			
Coronary Artery Disease				Seizure Disorder			
Diabetes				Thyroid Disorder			
Eczema				Urinary Tract Infections			
Gout				Kidney Stones			
Hearing Impairment				Other:			
Other:							

Marital / Family Status:

Single
 Married
 Divorced
 Widowed
 Previously widowed? Yes No
 Previous divorce? Yes No
 Do you have children?
 Yes No
 If yes, number: _____

LIFESTYLE:

Occupation: _____
 Exercise? Yes No
 If yes, type: _____
 Frequency: _____ per _____
 Hours per week: _____

TOBACCO:

Uses tobacco? Yes No Former
 Tobacco type: _____
 Units per day: _____
 Number of years: _____
 If former user:
 Units per day: _____
 Number of years: _____
 Year quit: _____

CAFFEINE:

Yes No
 Type: _____, _____
 Amount Daily: _____

ALCOHOL:

Yes No Formerly,
 Year quit: _____
 Type: _____
 Frequency: _____
 Amount: _____ per _____
 Last drink: _____

REVIEW OF SYSTEMS: Please mark all Yes or No

Constitutional- <input type="checkbox"/> Neg	Respiratory- <input type="checkbox"/> Neg	Gastrointestinal- <input type="checkbox"/> Neg	Metabolic/Endocrine- <input type="checkbox"/> Neg	Musculoskeletal- <input type="checkbox"/> Neg
No Yes <input type="checkbox"/> <input type="checkbox"/> Chills <input type="checkbox"/> <input type="checkbox"/> Fever	No Yes <input type="checkbox"/> <input type="checkbox"/> Dyspnea (shortness of breath)	No Yes <input type="checkbox"/> <input type="checkbox"/> Diarrhea	No Yes <input type="checkbox"/> <input type="checkbox"/> Goiter	No Yes <input type="checkbox"/> <input type="checkbox"/> Back pain
Heent- <input type="checkbox"/> Neg	Cardiovascular- <input type="checkbox"/> Neg	Integumentary- <input type="checkbox"/> Neg	Neurological- <input type="checkbox"/> Neg	Hema/Lymphatic- <input type="checkbox"/> Neg
No Yes <input type="checkbox"/> <input type="checkbox"/> Double vision	No Yes <input type="checkbox"/> <input type="checkbox"/> Chest pain	No Yes <input type="checkbox"/> <input type="checkbox"/> Rash	No Yes <input type="checkbox"/> <input type="checkbox"/> Dizziness	No Yes <input type="checkbox"/> <input type="checkbox"/> Easy bleeding <input type="checkbox"/> <input type="checkbox"/> Petechiae/easy bruising
		Psychiatric- <input type="checkbox"/> Neg		
		No Yes <input type="checkbox"/> <input type="checkbox"/> Anxiety		

11 System ROS

All Negative

Patient Name: _____ Phone: _____



ISLAND UROLOGY – ADULT HEALTH HISTORY FORM

Patient Address: _____

E-mail Address: _____

Responsible Party/Relationship: _____ Phone: _____

Responsible Party Address: _____

Ethnicity: Hispanic Not Hispanic Not Provided Language: English Spanish Russian Other

Name of Spouse: _____ Business Phone: _____

Emergency Contact: _____ Phone: _____

Primary Insurance: _____ ID #: _____

Subscriber: _____ Date of Birth: _____ Group #: _____

Secondary Insurance: _____ ID #: _____

Subscriber: _____ Date of Birth: _____ Group #: _____

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SEXUAL HEALTH INVENTORY FOR MEN (SHIM)

Patient Name: _____ **Today's Date:** _____

PATIENT INSTRUCTIONS

Sexual health is an important part of an individual's overall physical and emotional well-being. Erectile dysfunction, also known as impotence, is one type of very common medical condition affecting sexual health. Fortunately, there are many different treatment options for erectile dysfunction. This questionnaire is designed to help you and your doctor identify if you may be experiencing erectile dysfunction. If you are, you may choose to discuss treatment options with your doctor.

Each question has several possible responses. Circle the number of the response that **best describes** your own situation. Please be sure that you select one and only one response for **each question**.

OVER THE PAST 6 MONTHS

1. How do you rate your confidence that you could get and keep an erection?		VERY LOW	LOW	MODERATE	HIGH	VERY HIGH
		1	2	3	4	5
2. When you had erections with sexual stimulation, how often were your erections hard enough for penetration (entering your partner)?	NO SEXUAL ACTIVITY	ALMOST NEVER OR NEVER	A FEW TIMES (MUCH LESS THAN HALF THE TIME)	SOMETIMES (ABOUT HALF THE TIME)	MOST TIMES (MUCH MORE THAN HALF THE TIME)	ALMOST ALWAYS OR ALWAYS
	0	1	2	3	4	5
3. During sexual intercourse, how often were you able to maintain your erection after you had penetrated (entered) your partner?	DID NOT ATTEMPT INTERCOURSE	ALMOST NEVER OR NEVER	A FEW TIMES (MUCH LESS THAN HALF THE TIME)	SOMETIMES (ABOUT HALF THE TIME)	MOST TIMES (MUCH MORE THAN HALF THE TIME)	ALMOST ALWAYS OR ALWAYS
	0	1	2	3	4	5
4. During sexual intercourse, how difficult was it to maintain your erection to completion of intercourse?	DID NOT ATTEMPT INTERCOURSE	EXTREMELY DIFFICULT	VERY DIFFICULT	DIFFICULT	SLIGHTLY DIFFICULT	NOT DIFFICULT
	0	1	2	3	4	5
5. When you attempted sexual intercourse, how often was it satisfactory?	DID NOT ATTEMPT INTERCOURSE	ALMOST NEVER OR NEVER	A FEW TIMES (MUCH LESS THAN HALF THE TIME)	SOMETIMES (ABOUT HALF THE TIME)	MOST TIMES (MUCH MORE THAN HALF THE TIME)	ALMOST ALWAYS OR ALWAYS
	0	1	2	3	4	5

Add the numbers corresponding to questions 1 – 5.

TOTAL: _____

The Sexual Health Inventory for Men further classifies ED severity with the following breakpoints:

1-7 Severe ED

8-11 Moderate ED

12-16 Mild to Moderate ED

17-21 Mild ED

SYMPTOM INDEX FOR BPH

Patient Name: _____ Date of Visit: _____

Urinary Symptoms	Not at all	Less than 1 time in 5	Less than half the time	About half the time	More than half the time	Almost always
1. Over the past month, how often have you had the sensation that your bladder was not completely empty after you finished urinating?	0	1	2	3	4	5
2. Over the past month, how often have you had to urinate again less than two hours after you last finished urinating?	0	1	2	3	4	5
3. Over the past month, how often have you found you stopped and started again several times while urinating?	0	1	2	3	4	5
4. Over the past month, how often have you found it difficult to postpone urination?	0	1	2	3	4	5
5. Over the past month, how often have you had a weak urinary stream?	0	1	2	3	4	5
6. Over the past month, how often have you had to push or strain to begin urinating?	0	1	2	3	4	5
	None	1 time	2 times	3 times	4 times	5 or more times
7. Over the last month, how many times did you typically get up to urinate each night, from the time you went to bed until the time you got up in the morning?	0	1	2	3	4	5
<p>TOTAL AUA Symptom Score = Sum of questions 1 – 7</p> <p style="margin-left: 40px;">a. 0-7 _____ Mild</p> <p style="margin-left: 40px;">b. 8-19 _____ Moderate</p> <p style="margin-left: 40px;">c. 20-35 _____ Severe</p>						

	Delighted	Pleased	Mostly Satisfied	Mixed (about equally satisfied and dissatisfied)	Mostly dissatisfied	Unhappy	Terrible
1. If you had to spend the rest of your life with your urinary condition just the way it is now, how would you feel about that?	0	1	2	3	4	5	6

Reference: American Urological Association (AUA) Symptom Index for BPH



ISLAND HEALTH
MAIN CAMPUS

1211 24th Street
Anacortes, WA 98221

COMMERCIAL AVENUE

M AVENUE

26TH STREET

26TH STREET

25TH STREET

24TH STREET

24TH STREET

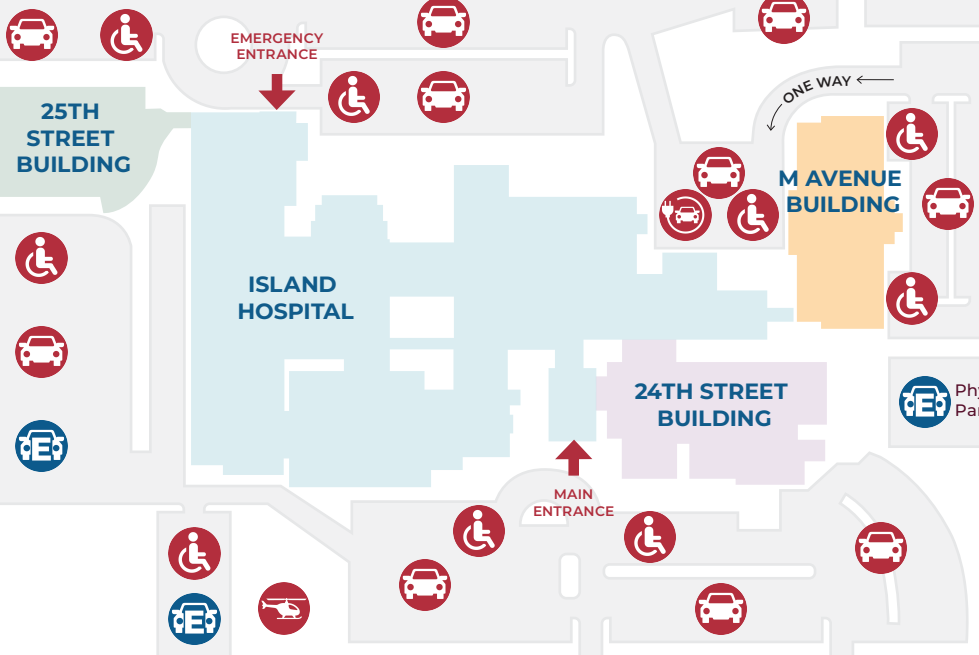
23RD STREET

22ND STREET

22ND STREET

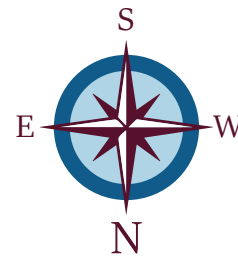
COMMERCIAL AVENUE

M AVENUE



Parking Map

- Visitor Parking
- EV Charging Station
- Handicap Parking
- Helipad
- Employee Parking
- Employee EV Charging Station



ISLAND SLEEP
WELLNESS CENTER
1110 22nd Street