



Vial of Life Available on Fidalgo Island



A 911 call brings Fidalgo Island EMS to a home where the caller is disoriented and non-communicative. Fortunately, Vial of Life stickers on the front door and the refrigerator quickly direct paramedics to medical information that could help save the patient's life.

The Vial of Life provides emergency responders nationwide with critical medical information that helps them provide appropriate and timely treatment. Thanks to generous sponsors in our community, Anacortes residents now have free access to this lifesaving program, which is being sponsored by the Island Hospital Auxiliary.

The Vial of Life includes a self-contained kit with vial, instructions, decals (2), medical information form and a Physicians Orders for Life-Sustaining Treatments (POLST) form.

Where do I get my Vial of Life?

To pick up your free Vial of Life kit, visit one of these convenient Fidalgo Island locations. Supplies are limited.

- Anacortes Fire Department
- Anacortes Senior Activity Center
- Island Hospital Health Resource Center
- Anacortes Windermere Real Estate

Questions?

For more information about the Vial of Life program, please contact:

- Sharon Swan, Anacortes Fire Department, (360) 293-1925
- Betty-Anne Ely, Island Hospital Auxiliary, (360) 840-3038



This distinctive logo displayed in your home tells paramedics that a Vial of Life is in your refrigerator.

The Island Hospital Auxiliary thanks its generous supporters for making the Vial of Life program available to our community: Anacortes Printing, Anacortes Windermere Real Estate Agents, Island Hospital Medical Staff, Walgreens and Westward Design.

Island Hospital

VIAL
of
LIFE

Auxiliary

INSTRUCTIONS

This distinctive logo displayed in your home tells paramedics that a Vial of Life is in your refrigerator.

The Vial of Life kit includes these instructions, a vial, decals (2), My Medical Information form and a Physician Orders for Life-Sustaining Treatment (POLST) form. Follow these three easy steps to complete the Vial of Life process.

1

Fill out the Vial of Life forms

- Fill out the My Medical Information form and any advance directives you choose, such as a POLST form (included) — **POLST forms must be signed by a physician to be valid.**
- Include a current medication list.
- Place completed forms in vial.

A stack of forms including 'MY MEDICAL INFORMATION' and 'POLST' forms. The 'MY MEDICAL INFORMATION' form has fields for Name, Address, Home Phone, Cell Phone, Email, Date of Birth, Sex, Race, Height, Weight, Blood Type, and Other Health Issues. The 'POLST' form has fields for Name, Address, Home Phone, Cell Phone, Email, Date of Birth, Sex, Race, Height, Weight, Blood Type, and Other Health Issues. There is also a section for 'EMERGENCY CONTACTS'.

2

Place the vial on the top shelf inside your refrigerator

- Print your name on the vial.
- Place the vial on the top shelf inside your refrigerator where it is easily accessible for emergency personnel.



3

Place the decals on your refrigerator and a window near your front door

- Remove the paper backing from the decals.
- Place one decal on the outside of your refrigerator and the second decal on the outside of the window closest to your front door.

